CAPITAL ONE FINANCIAL CORP Form 8-K September 15, 2016

UNITED STATES SECURITIES AND EXCI Washington, DC 20549	HANGE COMMISSION	
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 1 The Securities Exchange A		
September 15, 2016 Date of Report (Date of ea	rliest event reported)	
CAPITAL ONE FINANCE (Exact name of registrant a		
Delaware (State or other jurisdiction of incorporation) 1680 Capital One Drive, McLean, Virginia (Address of principal exec	22102	54-1719854 (IRS Employer Identification No.)
Registrant's telephone nur	mber, including area code: (7	03) 720-1000
(Former name or former ac (Not applicable)	ddress, if changed since last	report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- oWritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- oPre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- oPre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure.

Capital One Financial Corporation (the "Company") hereby furnishes the information in Exhibit 99.1 hereto, Monthly Charge-Off and Delinquency Metrics - As of and for the month ended August 31, 2016.

Note: Information in this report (including the exhibit) furnished pursuant to Item 7.01 shall not be deemed to be "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. This report will not be deemed an admission as to the materiality of any information in the report that is required to be disclosed solely by Regulation FD. Furthermore, the information provided in Exhibit 99.1 shall not be deemed to be incorporated by reference into the filings of the Company under the Securities Act of 1933.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Description

99.1 Monthly Charge-Off and Delinquency Metrics - As of and for the month ended August 31, 2016

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this Current Report on Form 8-K to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL ONE FINANCIAL CORPORATION

Date: September 15, 2016 By:/s/R. SCOTT BLACKLEY R. Scott Blackley

Chief Financial Officer and Controller

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EXHIBIT INDEX

Exhibit Description

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