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WILD OATS MARKETS INC
 Form 8-K
 November 04, 2003

UNITED STATES
 SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

FORM 8-K

Current Report Pursuant to Section 13 or 15(d) of
 The Securities Act of 1934

Date of Report: November 4, 2003

WILD OATS MARKETS, INC.
 (Exact name of registrant as specified in its charter)

Delaware	0-21577	84-1100630
(State or other jurisdiction of incorporation or organization)	Commission File Number	(I.R.S. Employer Identification Number)

3375 Mitchell Lane
 Boulder, Colorado 80301
 (Address of principal executive offices, including zip code)

(303) 440-5220
 (Registrant's telephone number, including area code)

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SIGNATURES

Item 12. Results of Operations and Financial Condition.

The Registrant issued the press release regarding the results of operations and financial condition for the period ended September 27, 2003, attached as Exhibit 99.1 to this Current Report on Form 8-K, on November 4, 2003.

Exhibits

Exhibit 99.1 Press Release of the Registrant Dated November 4, 2003.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized, on the 4th day of November 2003.

Wild Oats Markets, Inc.

By /s/ Freya R. Brier
 Executive Officer