

SIERRA HEALTH SERVICES INC  
 Form 4  
 October 04, 2005

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 MARLON ANTHONY M MD

2. Issuer Name and Ticker or Trading Symbol  
 SIERRA HEALTH SERVICES INC [SIE]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
 2724 N. TENAYA WAY  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 10/03/2005

Director  10% Owner  
 Officer (give title below)  Other (specify below)  
 COB, CEO and President

LAS VEGAS, NV 89128

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	10/03/2005		M		19,272	A	\$ 3.75
Common Stock	10/03/2005		S <sup>(1)</sup>		19,272	D	\$ 71.88
Common Stock	10/03/2005		M		728	A	\$ 12.61
Common Stock	10/03/2005		S <sup>(1)</sup>		728	D	\$ 71.88
Common Stock					152,648	I	

By the  
 AMM &  
 RM Family

Common Stock	719,815	I	Limited Partnership (2) By the Marlon Family Trust (2)
Common Stock	1,500	I	By the AMRM Family Partners Ltd. (2)
Common Stock	375,000	I	By the Anthony M. Marlon Charitable Remainder Trust (2)
Common Stock	375,000	I	By the Renee Marlon Charitable Remainder Trust (2)
Common Stock	443,662	I	By the AMRM Family Trust (2)
Common Stock	106,415	I	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
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					Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
			Code	V (A)	(D)				
Employee Stock Option (Right to Buy) <sup>(3)</sup>	\$ 3.75	10/03/2005	M		19,272	05/17/2001 <sup>(4)</sup>	05/16/2010	Common Stock	19,272
Employee Stock Option (Right to Buy) <sup>(3)</sup>	\$ 12.61	10/03/2005	M		728	04/14/2004 <sup>(5)</sup>	04/13/2013	Common Stock	728

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MARLON ANTHONY M MD 2724 N. TENAYA WAY LAS VEGAS, NV 89128	X		COB, CEO and President	

## Signatures

Anthony M. Marlon, M.D./Jayne Primaky, POA  
 10/04/2005  
 \*\*Signature of Reporting Person Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sale at \$70.75 to \$72.80 under Rule 10b5-1 Trading Plan.
- (2) This report shall not be deemed an admission that the Reporting Person is the beneficial owner of, or has a pecuniary interest in, shares of Common Stock held by the respective trusts for purposes of Section 16 or any other purpose.
- (3) Exercise of options granted in consideration for services under the Company's 1995 Long-Term Incentive Plan, which meets the requirements of, and which transactions are exempted by, Rule 16b-3 and Rule 16b-6(b).
- (4) Exercisable as to 20% on each of 5/17/01, 5/17/02, 5/17/03, 5/17/04 and 5/17/05.
- (5) Exercisable as to 33 1/3% on each of 4/14/04, 4/14/05 and 4/14/06.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.