#### MECHANICAL TECHNOLOGY INC

Form 4

December 24, 2002

FORM 4		UNITED STATES SECURITIES AND EXCHANGE COMMISSION						OMB APPROVAL		
[] Check this box if no lo	onger									
subject to Section 16. Fo or Form 5 obligations may contin See Instruction 1(b).			`	Washington, D.C.	20549			OMB N 3235-02		
200 2200 40000 2 (0)		Filed pursuant to Public Utility	Section 16(a) of	the Securities Excl Section 30(f) of th	hange Act of	1934, Section 1		Expires: 2001 Estimate burden	December 31,	
1. Name and Address of R McNamee, George C.	Reportin	g Person*	2. Issuer Name or Trading S		4. Statement (Month/Y		6. Relation	onship of Rep	porting Person(s) to	
(Last) (Firs	st)	(Middle)	Mechanical To Incorporated		Decembe	r 2002		(Check all	applicable)	
30 South Pearl			Number of Reporting Person, if an entity		5. If Amendment, Date of Original (Month/Year)		Owner	Directo	or <u>X</u> 10%	
(Street) Albany, NY 12205			(voluntary)		Of		Other Officer/C Descripti	icer/Other		
(City) (State) (Zip)						Filing  X Indiv	dual or Joint/ (Check Appl idual Filing (Group Filing	icable Line)		
Table I - Non-Derivati	ve Secu	ırities Acquired, l	Disposed of, or 1	Beneficially Owne	d			1 0	,	
1. Title of Security (Instr. 3)	2. Trai	_	3. Transaction	4. Securities Acqu Disposed (D) Of (Instr. 3, 4, and	ired (A) or	5. Amount of Securities Beneficially Owned at End of Mont (Instr. 3 and	sh Fo D on In	owner- nip orm: virect(D) r ndirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	04/01/	2002	S 	14,700.00   \$3.41	<b>D</b>			I	By Corporation	
Common Stock	04/02/	2002	S	2,600.00   \$3.50	<b>D</b>			I	By Corporation	
Common Stock	04/02/	2002	S 	100.00   \$3.45	D			I	By Corporation	
Common Stock	04/02/	2002	S	3,600.00   \$3.75	D			I	By Corporation	

Common Stock	04/02/2002	S 	2,200.00   D   \$3.71	I	By Corporation
Common Stock	04/02/2002	S 	100.00   D   \$3.66	I	By Corporation
Common Stock	04/02/2002	S 	2,700.00   D   \$3.63	I	By Corporation
Common Stock	04/02/2002	S 	2,800.00   D   \$3.62	I	By Corporation
Common Stock	04/02/2002	S & & nbsp	100.00   D   \$3.61	I	By Corporation
Common Stock	04/02/2002	S & & nbsp	100.00   D   \$3.60	I	By Corporation
Common Stock	04/02/2002	S 	2,000.00   D   \$3.56	I	By Corporation
Common Stock	04/02/2002	S 	1,000.00   D   \$3.50	I	By Corporation
Common Stock	04/02/2002	S 	100.00   D   \$3.55	I	By Corporation
Common Stock	04/02/2002	S 	1,000.00   D   \$3.56	I	By Corporation
Common Stock	04/02/2002	S 	1,600.00   D   \$3.50	I	By Corporation
Common Stock	04/03/2002	S 	5,000.00   D   \$3.63	I	By Corporation
Common Stock	04/03/2002	S 	1,637.00   D   \$3.53	I	By Corporation
Common Stock	04/03/2002	S 	3,000.00   D   \$3.56	I	By Corporation
Common Stock	04/03/2002	S 	3,116.00   D   \$3.50	I	By Corporation
Common Stock	04/03/2002	S 	5,900.00   D   \$3.46	I	By Corporation
Common Stock	04/04/2002	S 	2,306.00   D   \$3.35	I	By Corporation
Common Stock	04/04/2002	S	1,900.00   D   \$3.36	I	By Corporation
Common Stock	04/04/2002	S	2,100.00   D   \$3.37	I	By Corporation

Common Stock	04/04/2002	S 	1,100.00   D   \$3.38	I	By Corporation
Common Stock	04/04/2002	S 	700.00   D     \$3.40	I	By Corporation
Common Stock	04/04/2002	S 	100.00   D     \$3.35	I	By Corporation
Common Stock	04/04/2002	S 	2,800.00   D   \$3.45	I	By Corporation
Common Stock	04/04/2002	S 	100.00   D     \$3.40	I	By Corporation
Common Stock	04/04/2002	S 	100.00   D     \$3.36	I	By Corporation
Common Stock	04/05/2002	S 	6,537.00   D   \$3.36	I	By Corporation
Common Stock	04/08/2002	S 	100.00   D     \$3.49	I	By Corporation
Common Stock	04/08/2002	S 	1,700.00   D   \$3.38	I	By Corporation
Common Stock	04/08/2002	S 	100.00   D     \$3.43	I	By Corporation
Common Stock	04/08/2002	S 	100.00   D     \$3.39	I	By Corporation
Common Stock	04/08/2002	S & & nbsp	100.00   D     \$3.38	I	By Corporation
Common Stock	04/08/2002	S & & nbsp	100.00   D     \$3.44	I	By Corporation
Common Stock	04/09/2002	S 	4,654.00   D   \$3.45	I	By Corporation
Common Stock	04/09/2002	S 	6,000.00   D   \$3.35	I	By Corporation
Common Stock	04/10/2002	S 	1,900.00   D   \$3.27	I	By Corporation
Common Stock	04/10/2002	S 	2,500.00   D   \$3.28	I	By Corporation
Common Stock	04/10/2002	S 	5,600.00   D   \$3.33	I	By Corporation
Common Stock	04/11/2002	S	3,000.00   D   \$3.31	I	By Corporation

Common Stock	04/12/2002	S 	5,700.00   D   \$3.25	I	By Corporation
Common Stock	04/16/2002	S	2,600.00   D   \$3.10	I	By Corporation
Common Stock	04/16/2002	S	2,300.00   D   \$3.11	I	By Corporation
Common Stock	04/16/2002	S 	600.00   D     \$3.12	I	By Corporation
Common Stock	04/16/2002	S 	2,100.00   D   \$3.15	I	By Corporation
Common Stock	04/16/2002	S 	2,500.00   D   \$3.16	I	By Corporation
Common Stock	04/16/2002	S	1,800.00   D   \$3.17	I	By Corporation
Common Stock	04/16/2002	S	2,600.00   D   \$3.20	I	By Corporation
Common Stock	04/16/2002	S 	300.00   D     \$3.21	I	By Corporation
Common Stock	04/16/2002	S 	200.00   D     \$3.24	I	By Corporation
Common Stock	04/17/2002	S 	500.00   D     \$3.33	I	By Corporation
Common Stock	04/17/2002	S 	5,900.00   D   \$3.35	I	By Corporation
Common Stock	04/17/2002	S 	2,600.00   D   \$3.37	I	By Corporation
Common Stock	04/17/2002	S 	2,500.00   D   \$3.38	I	By Corporation
Common Stock	04/17/2002	S	2,500.00   D   \$3.40	I	By Corporation
Common Stock	04/17/2002	S 	1,000.00   D   \$3.41	I	By Corporation
Common Stock	04/19/2002	S 	2,000.00   D   \$3.24	I	By Corporation
Common Stock	04/19/2002	S	2,000.00   D   \$3.25	I	By Corporation
Common Stock	04/19/2002	S	5,000.00   D   \$3.27	I	By Corporation

Common Stock	04/19/2002	S 	5,000.00   D   \$3.28	I	By Corporation
Common Stock	04/19/2002	S 	100.00   D   \$3.29	I	By Corporation
Common Stock	04/19/2002	S 	100.00   D   \$3.35	I	By Corporation
Common Stock	04/19/2002	S 	500.00   D   \$3.38	I	By Corporation
Common Stock	04/22/2002	S 	15,000.00   D   \$3.19	I	By Corporation
Common Stock	04/23/2002	S 	2,050.00   D   \$3.37	I	By Corporation
Common Stock	04/23/2002	S 	500.00   D     \$3.32	I	By Corporation
Common Stock	04/23/2002	S 	3,000.00   D   \$3.29	I	By Corporation
Common Stock	04/23/2002	S 	600.00   D     \$3.30	I	By Corporation
Common Stock	04/23/2002	S 	1,000.00   D   \$3.32	I	By Corporation
Common Stock	04/23/2002	S 	500.00   D   \$3.37	I	By Corporation
Common Stock	04/23/2002	S 	1,000.00   D   \$3.32	I	By Corporation
Common Stock	04/23/2002	S 	2,500.00   D   \$3.34	I	By Corporation
Common Stock	04/23/2002	S 	600.00   D   \$3.35	I	By Corporation
Common Stock	04/24/2002	S 	12,000.00   D   \$3.38	I	By Corporation
Common Stock	04/25/2002	S 	15,000.00   D   \$3.21	I	By Corporation
Common Stock	04/26/2002	S 	15,000.00   D   \$3.02	I	By Corporation
Common Stock	04/29/2002	S 	11,800.00   D   \$2.78	I	By Corporation
Common Stock	04/30/2002	S	15,000.00   D   \$2.74	I	By Corporation

Common Stock	05/01/2002	S 	6,275.00   D   \$2.78		I	By Corporation
Common Stock	05/02/2002	S 	12,300.00   D   \$2.71		I	By Corporation
Common Stock	05/03/2002	S 	13,700.00   D     \$2.70		I	By Corporation
Common Stock	05/06/2002	S 	8,700.00   D   \$2.59		I	By Corporation
Common Stock	05/07/2002	S 	13,000.00   D   \$2.51		I	By Corporation
Common Stock	05/08/2002	S 	4,600.00   D   \$2.46		I	By Corporation
Common Stock	05/08/2002	S 	3,500.00   D   \$2.49		I	By Corporation
Common Stock	05/08/2002	S 	100.00   D   \$2.51		I	By Corporation
Common Stock	05/09/2002	S 	700.00   D   \$2.53		I	By Corporation
Common Stock	05/14/2002	S 	6,100.00   D   \$2.46		I	By Corporation
Common Stock	05/14/2002	S 	100.00   D   \$2.47		I	By Corporation
Common Stock	05/14/2002	S 	1,200.00   D   \$2.56		I	By Corporation
Common Stock	12/20/2002	SK (1)	8,000,000.00   D	3,091,040.00	I	By Corporation
Common Stock				1,380,741.00	D	
Common Stock				57,375.00	I	By Immediate Family

(over)

SEC 1474 (3-99)

## McNamee, George C. - December 2002

#### Form 4 (continued)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
Title of     Derivative	2. Conver- sion or	3. Transaction	4. Transaction			7. Title and Amount of	8. Price	9. Number of Derivative	10. Owner-	11. Nature of Indirect
Security	Exercise	Date		Derivative	Expiration Expiration	Underlying	Derivative		ship	Beneficial

	(Instr. 3)	Price of Deri- vative Security	(Month/ Day/ Year)	Code (Instr.8)	Securities Acquired (A) or Disposed (D) Of (Instr. 3,4 and 5)	(Month/Day/Year)	Securities (Instr. 3 and 4)	Security (Instr.5)	at End of Month (Instr.4)	Form of Deriv- ative Security: Direct (D) or Indirect (I)	Ownership (Instr.4)
L				Code   V		(DE)   (ED)					

Explanation of Responses:

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations.  See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).	12-24-2002  ** Signature of Reporting Person Date
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient,  See Instruction 6 for procedure.	George C. McNamee
Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.	Page 2 SEC 1474 (3-99)

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#### Form 4 (continued)

FOOTNOTE Descriptions for Mechanical Technology Incorporated MKTY

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George C. McNamee 30 South Pearl

Albany, NY 12205

#### Explanation of responses:

(1) On December 20, 2002, MTI entered into an exchange transaction with First Albany Companies Inc. (FAC) where 8 million shares of MTI common stock owned by FAC were exchanged for 2,721,088 shares of Plug Power common stock owned by MTI.

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