COLE DAVID D Form 4 March 20, 2006

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005 Estimated average

Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

SECURITIES

burden hours per 0.5 response...

1(b).

(Print or Type Responses)

	1. Name and A COLE DAV	ddress of Reporting F ID D	Symbol	2. Issuer Name and Ticker or Trading Symbol CENTURYTEL INC [CTL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	(Last)	(First) (M	fiddle) 3. Date of	of Earliest T	ransaction	`	11	,		
100 CENTURYTEL DRIVE			`	(Month/Day/Year) 03/17/2006			e title Oth below) Operations Sup	er (specify		
(Street)			4. If Am	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check			
MONROE, LA 71203			Filed(Mo	Filed(Month/Day/Year)			Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	(State) ((Zip) Tah	le I - Non-I	Derivative Securities Acq	wired. Disposed o	f. or Beneficia	llv Owned		
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transacti Code	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature o Indirect Beneficial Ownership (Instr. 4)		

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 3, 4 and 5) ar) (Instr. 8)		Securities Ownership Beneficially Form: Direct Owned (D) or		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	03/17/2006		M	34,616	A	\$ 13.5	77,274.29	D	
Common Stock	03/17/2006		S	34,616	D	\$ 38	42,658.29	D	
Common Stock							4,624.8	I	By 401(k)
Common Stock							11,222.49	I	By ESOP
Common Stock							1,537.91	I	By ESOP Spouse (2)

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Common Stock	2,038.03	I	By PAYSOP
Common Stock	650.13	I	By PAYSOP Spouse (3)
Common Stock	10,647.86	I	By Stock Bonus Plan
Common Stock	2,738.51	I	By Stock Bonus Plan Spouse (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)			Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Employee Stock Option (right to buy)	\$ 13.5	03/17/2006		M		34,616	02/24/1997 <u>(5)</u>	02/24/2007	Common Stock	34,0
Employee Stock Option (right to buy)	\$ 34.63						02/21/2001(6)	02/21/2010	Common Stock	85,0
Employee Stock Option (right to buy)	\$ 28.03						05/21/2002(7)	05/21/2011	Common Stock	81,0

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Employee Stock Option (right to buy)	\$ 32.99	02/25/2003(8)	02/25/2012	Common Stock	81,0
Employee Stock Option (right to buy)	\$ 27.48	02/24/2004(9)	02/24/2013	Common Stock	81,0
Employee Stock Option (right to buy)	\$ 28.34	02/25/2004(10)	02/25/2014	Common Stock	40,5
Employee Stock Option (right to buy)	\$ 33.4	02/17/2005(11)	02/17/2015	Common Stock	40,5
Employee Stock Option (right to buy)	\$ 35.41	03/15/2007(12)	02/20/2016	Common Stock	40,5

Reporting Owners

Reporting Owner Name / Address	Relationships				
reporting owner runte, runtess	Director	10% Owner	Officer	Other	
COLE DAVID D 100 CENTURYTEL DRIVE MONROE, LA 71203			Sr. VP - Operations Support		

Signatures

By: Kay C. Buchart, Attorney-In-Fact 03/20/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of most recent statement available
- (2) As of most recent statement available.
- (3) As of most recent statement available.

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- (4) As of most recent statement available.
- One-third of the Stock Options are exercisable immediately, one-third are exercisble on 2/24/98, and one-third are exercisable on 2/24/99.
- One-third of the Stock Options are exercisable 2/21/2001, one-third are exercisable on 2/21/2002, and one-third are exercisable on 2/21/2003.
- (7) One-third of the Stock Options are exercisable 5/21/02, one-third are exercisable 5/21/03, and one-third are exercisable 5/21/04.
- (8) One-third of the Stock Options are exercisable 2/25/03, one-third are exercisable 2/25/04, and one-third are exercisable 2/25/05.
- (9) One-third of the Stock Options are exercisable 2/24/04, one-third are exercisable 2/24/05, and one-third are exercisable 2/24/06.
- (10) One-third of the options are exercisable immediately, one-third are exercisable 2/25/05, and one-third are exercisable 2/25/06.
- (11) One-third of the options are exercisable immediately, one-third are exercisable 2/17/06, and one-third are exercisable 2/17/07.
- (12) One-third of the options are exercisable 3/15/07, one-third are exercisable 3/15/08, and one-third are exercisable 3/15/09.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.