Ross William Masters Form 4 February 07, 2018

## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287 January 31,

**OMB APPROVAL** 

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: 2005
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Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** Ross William Masters			2. Issuer Name <b>and</b> Ticker or Trading Symbol UNIFIRST CORP [UNF]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle) 3		3. Date of Earliest Transaction	(Check all applicable)			
68 JONSPIN ROAD (Street) WILMINGTON, MA 01887			(Month/Day/Year) 02/05/2018	Director 10% OwnerX Officer (give title Other (specify below)  Senior VP of Operations			
			4. If Amendment, Date Original 6. Individual or Joint/Group Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporti				
				Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities	Acquired. Disposed of, or Beneficially Owne			

(City) (State) (Zip)				able I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
	1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transactio Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
	Common Stock	02/05/2018		M	333	A	\$ 69.05	1,377 (1)	D			
	Common Stock	02/05/2018		D	214	D	\$ 163.15	1,163 (2)	D			
	Common Stock	02/07/2018		S	119 (3)	D	\$ 153	1,044 (4)	D			
	Common Stock							192	I	By 401(k) Plan		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code '	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Stock Appreciation Right	\$ 69.05	02/05/2018		M			333	10/22/2017	10/22/2022	Common stock/\$0.10 par value	333

### **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Ross William Masters 68 JONSPIN ROAD WILMINGTON, MA 01887

Senior VP of Operations

#### **Signatures**

/s/ David Whitman, Attorney-in-Fact

02/07/2018

\*\*Signature of Reporting Person

Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of 1,044 restricted stock units that vest 100% on December 20, 2022 and 333 shares of Common Stock owned by the reporting person.
- (2) Consists of 1,044 restricted stock units that vest 100% on December 20, 2022 and 119 shares of Common Stock owned by the reporting person.
- (3) Represents shares sold pursuant to a Rule 10b5-1 sales plan.
- (4) Consists of 1,044 restricted stock units that vest 100% on December 20, 2022.

Reporting Owners 2

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