Bishop Alastair Form 4 February 04, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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January 31, Expires: 2005

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

01/31/2019

Stock

Stock

Common

1. Name and Address of Reporting Person * 2. Issue Symbol			er Name and Ticker or Trading	5. Relationship of Issuer	5. Relationship of Reporting Person(s) to Issuer			
			Rock Resources & odities Strategy Trust [BCX	(Chec	k all applicable)			
(Month/D			of Earliest Transaction Day/Year)	Director Officer (give below)	Officer (give title _X_ Other (specify			
33 EAST 3.	ZND STREET	01/31/2	2019	Port	Portfolio Manager			
			endment, Date Original onth/Day/Year)	Applicable Line)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
NEW YORK, NY 10055								
(City)	(State) (Z	Zip) Tab	ole I - Non-Derivative Securities	Acquired, Disposed of	, or Beneficially Owned			
1.Title of Security (Instr. 3)	` '	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquir Transactior(A) or Disposed of (Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D)		6. 7. Nature of Ownership Indirect Form: Direct Beneficial (D) or Ownership Indirect (I) (Instr. 4)			
Common	01/31/2019		M 1,164.77 A	(1) (2) 1,164.77	D			

1.164.77 D

\$

8.01 0

(1)(2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

D

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D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative ionSecurities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
	Security			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amor Numl Share
Phantom Shares	<u>(1)</u> <u>(3)</u>	01/31/2019		A	3,776.53	(2)	(1)(3)	(1)(3)	Common Stock	3,77
Phantom Shares	<u>(1)</u> <u>(2)</u>	01/31/2019		M		1,164.77	(1)(2)	(1)(2)	Common Stock	1,16

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Bishop Alastair

55 EAST 52ND STREET Portfolio Manager NEW YORK, NY 10055

Signatures

/s/ Kiersten Zaza as Attorney-in-Fact 02/04/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) A phantom share is the economic equivalent of one share of common stock and, subject to the applicable vesting requirements, becomes payable in cash.
- As previously reported on a Form 4 dated February 2, 2018, the Reporting Person was granted phantom shares on January 31, 2018 payable in cash on vesting, which occurs in equal installments on each of the first three anniversaries of the grant date.
- (3) These phantom shares vest in equal installments on each of the first three anniversaries of the award.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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