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SYMINGTC Form 4	ON JAMES W										
December 2	9, 2008										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB AF OMB Number:	PPROVAL 3235-0287			
Check th if no long subject to Section 1 Form 4 of Form 5 obligation may com <i>See</i> Instr 1(b).	ger 5 16. 5 5 5 5 5 5 5 5 5 5 5 5 5	Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								January 31, 2005 verage rs per 0.5	
(Print or Type]	Responses)										
1. Name and Address of Reporting Person <u>*</u> SYMINGTON JAMES W			2. Issuer Name and Ticker or Trading Symbol SAUL CENTERS INC [BFS]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 7501 WISCONSIN AVENUE, 15TH FLOOR			3. Date of Earliest Transaction(Month/Day/Year)12/29/2008					XDirector10% Owner Officer (give titleOther (specify below) below)			
	(Street)	(Street) 4. If Ame Filed(Mor				al		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
BETHESD	A, MD 20814							Form filed by Mo Form filed by Mo			
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8) Code V	omr Dispos (Instr. 3,	sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Shares	12/29/2008			S	900	D	\$ 36.7044	519.345	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	8. Transaction Date 3A. Deemed Month/Day/Year) Execution Date, if any (Month/Day/Year)			6. Date Exercia Expiration Dat (Month/Day/Y	e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 33.22					05/06/2005	05/06/2015	Common Stock	2,500	
Phantom Stock (3)	\$ 36.7044 (1)					(2)	(2)	Common Stock	37.699	
Stock Option	\$ 40.35					05/01/2006	05/01/2016	Common Stock	2,500	
Stock Option	\$ 54.17					04/27/2007	04/27/2017	Common Stock	2,500	
Stock Option	\$ 50.15					04/25/2008	04/25/2018	Common Stock	2,500	

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Reporting Owners

Relationships **Reporting Owner Name / Address** Director 10% Owner Officer Other SYMINGTON JAMES W 7501 WISCONSIN AVENUE Х **15TH FLOOR** BETHESDA, MD 20814

Signatures

Scott V. Schneider, by Power of Attorney

12/29/2008 Date

Signature of Reporting Person **Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) 1 for 1

Under the terms of the reporting person's Deferred Fee Agreement, payment of shares of the issuer's common stock commences at such time as the reporting person ceases to be a director of the issuer. A portion of the payment will be a lump sum upon termination of

(2) directorship with the balance paid in five annual equal installments upon termination of directorship.

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Pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and the Deferred Fee Agreement executed by the reporting person, the reporting person has elected to defer receipt of his director's fees, and receive phantom stock, the amount of which is

(3) person, the reporting person has elected to defer receipt of his director's fees, and receive phantom stock, the amount of which is calculated as the quotient of the dollar value of fees deferred, divided by the fair market value of the issuer's shares on the date the phantom stock is received.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.