ASTRONICS CORP Form 4 March 05, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

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Check this box if no longer subject to Section 16. Form 4 or

SECURITIES Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BOUSHIE RAYMOND W			2. Issuer Name and Ticker or Trading Symbol ASTRONICS CORP [ATRO]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)			
124 LAUREL LANE			(Month/Day/Year) 03/03/2014	_X_ Director 10% Owner Officer (give title Other (specify below)			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
PONTE VEDRA BEACH, FL 32082			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reportin Person			

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
\$.01 PV Com Stk	03/04/2014		S	3,805 D \$ 68.71	12,200	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number op Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. P Der Sec (Ins
				Code V	(A) (D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Option	\$ 4.88					09/05/2009	03/05/2019	\$.01 PV Com Stk	4,000	
Option	\$ 4.88					09/05/2009	03/05/2019	\$.01PV CL B Stk	2,072	
Option	\$ 5.82					09/02/2010	03/02/2020	\$.01 PV Com Stk	5,000	
Option	\$ 5.82					09/20/2010	03/02/2020	\$.01 PV CL B Stk	2,590	
Option	\$ 14.2					08/28/2011	02/28/2021	\$.01 PV Com Stk	2,500	
Option	\$ 14.2					08/28/2011	02/28/2021	\$.01 PV CL B Stk	1,296	
Option	\$ 24.99					08/28/2012	02/28/2022	\$.01 PV Com Stk	3,000	
Option	\$ 24.99					08/28/2012	02/28/2022	\$.01 PV CL B Stk	1,140	
Option	\$ 23.08					08/22/2013	02/22/2023	\$.01 PV Com Stk	3,000	
Option	\$ 23.08					08/22/2013	02/22/2023	\$.01 PV CL B Stk	600	
Option	\$ 65.36	03/03/2014		A <u>(1)</u>	2,000	09/03/2014	03/03/2024	\$.01 PV Com Stk	2,000	\$

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BOUSHIE RAYMOND W
124 LAUREL LANE X
PONTE VEDRA BEACH, FL 32082

Signatures

/s/David C. Burney as Power of Attorney for Raymond W. Boushie

03/05/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Granted pursuant to the Company's 2005 Directors Stock Option Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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