Chefs' Ware Form 4 January 23,										
FORM	ΙΔ							OMB AF	PROVAL	
	UNITED STA		RITIES A shington,			NGE C	OMMISSION	OMB Number:	3235-0287	
Check th if no lon	ger							Expires:	January 31,	
subject t	IGES IN BENEFICIAL OWN				NERSHIP OF	Estimated a	2005 verage			
Section		SECURITIES						rs per		
Form 4 o Form 5							$e^{\Delta ct}$ of 103/	response	0.5	
obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section										
may con <i>See</i> Instr	unue.	30(h) of the I	•	•	· ·	•				
1(b).	uetion			•	•					
	_ 、									
(Print or Type	Responses)									
Aldous Alexandros Symbol							5. Relationship of Reporting Person(s) to Issuer			
			efs' Warehouse, Inc. [CHEF]				(Chask all applicable)			
(Last)	(First) (Midd	le) 3. Date o	f Earliest Tr	ansaction			(Chec)	k all applicable)	
(Month/I			Month/Day/Year)			Director		Owner		
			1/21/2014				XOfficer (give title Other (specify below) below)			
							· · · · · · · · · · · · · · · · · · ·	neral Counsel		
	(Street)	4. If Am	endment, Da	te Origina	1		6. Individual or Jo	int/Group Filin	g(Check	
Filed(Mon			d(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person			
RIDGEFIELD, CT 06877								Are than One Reporting		
KIDGEFIE	LD, CT 00077						Person			
(City)	(State) (Zip)) Tab	le I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	y Owned	
1.Title of	2. Transaction Date 24	A. Deemed	3.	4. Securi	ties A	cquired	5. Amount of	6. Ownership	7. Nature of	
Security	ecution Date, if	Transaction(A) or Disposed of (D)				Securities	Form: Direct			
(Instr. 3) any (Month/Day/Y			Code (Instr. 3, 4 and 5) ar) (Instr. 8)				Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership	
	×	,	× /				Following	(Instr. 4)	(Instr. 4)	
					(A)		Reported Transaction(s)			
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common						\$				
Stock	01/21/2014		F	596	D	28.06	27,422	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title Derivati Security (Instr. 3	ve Conversio or Exercise	e	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	Date	Amou Unde Secur	le and unt of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addre	ess	Relationships							
	Director	10% Owner	Officer	Other					
Aldous Alexandros 100 EAST RIDGE ROAD RIDGEFIELD, CT 06877			General Counsel						
Signatures									
/s/ Alexandros Aldous	01/23/2014								
**0. (D (

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.