Kolstad Gary A Form 4 June 04, 2010

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

if no longer subject to Section 16. Form 4 or

Check this box

Expires: January 31, 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** Kolstad Gary A			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer			
			CARBO CERAMICS INC [CRR]			(Check all applicable)			
(Last)	(First)	(Middle) 3. Date	3. Date of Earliest Transaction				,		
		(Month	/Day/Year)		_X_ Director		10% Owner		
575 N. DAIRY ASHFORD, STE.			06/03/2010			_X_ Officer (give title Other (specify below)			
300					below)	President and Cl	ЕО		
	4. If Ar	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
			Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person			
HOUSTON	N, TX 77079				Form filed Person	by More than One	e Reporting		
(City)	(State)	(Zip) Ta	ble I - Non-l	Derivative Securities A	Acquired, Dispose	d of, or Benefic	cially Owned		
1.Title of	2. Transaction Dat	e 2A. Deemed	3.	4. Securities	5. Amount of	6.	7. Nature of		
Security	(Month/Day/Year)	Execution Date, if	Transaction	onAcquired (A) or	Securities	Ownership	Indirect		
(Instr. 3)		any	Code	Disposed of (D)	Beneficially	Form: Direct	Beneficial		
		(Month/Day/Year	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	(D) or	Ownership		
					Following	Indirect (I)	(Instr. 4)		
				(A)	Reported Transaction(s)	(Instr. 4)			

Common Stock $G_{-}^{(1)}$ V 200 D \$ 0 68,931 D

Amount

(D)

Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Transaction(s) (Instr. 3 and 4)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4. T	5.	6. Date Exerc		7. Title		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						· ·
					4, and 5)						
					.,						
									Amount		
						Date	Evaluation		or		
							Expiration	Title	Number		
						Exercisable	Date		of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Kolstad Gary A						
575 N. DAIRY ASHFORD, STE. 300	X		President and CEO			
HOUSTON, TX 77079						

Signatures

/s/ R. Sean Elliott, attorney-in-fact for Gary A. 06/04/2010 Kolstad

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person transferred these shares to Kolstad Investments LLC, a limited liability company that is controlled by the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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