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VAALCO ENERGY INC /DE/  
Form 8-K  
May 16, 2003

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SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

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FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of  
the Securities Exchange Act of 1934

Date of Report  
May 16, 2003  
(Date of earliest event reported)

VAALCO Energy, Inc.  
(Exact name of registrant as specified in its charter)

Delaware  
(State or other jurisdiction of  
incorporation or organization)

0-20928  
(Commission File Number)

76-02  
(I.R.S.  
Identification

4600 Post Oak Place, Suite 309  
Houston, Texas 77027  
(Address of principal executive offices, including zip code)

(713) 623-0801  
(Registrant's telephone number, including area code)

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Item 7. Financial Statements and Exhibits

(c) Exhibits

Exhibit Number	Title of Document
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99.1	Press Release Issued May 16, 2003

Item 9. Regulation FD Disclosure

The following information is being furnished pursuant to Item 12  
"Disclosure of Results of Operations and Financial Condition," and is included

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under this Item 9 in accordance with the procedure guidance in SEC Release No. 33-8216. The information in this report is being furnished, not filed, for purposes of Section 18 of the Securities Exchange Act of 1934, as amended. This information shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

On May 16, 2003, VAALCO Energy, Inc. issued a press release announcing first quarter 2003 earnings. A copy of the press release is furnished with this report as Exhibit 99.1

### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO Energy, Inc.

May 16, 2003

By: /s/ W. Russell Scheirman

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W. Russell Scheirman  
President and Chief Financial Officer

### Exhibit Index

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