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Form 4											
FORM	Л									PPROVAL	
	UNITE	D STATES		ITIES A hington,			NGE (COMMISSION	OMB Number:	3235-0287	
Check thi if no long subject to Section 1 Form 4 or Form 5 obligation may cont See Instru	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940						January 31 Expires: 2005 Estimated average burden hours per response 0.5				
1(b). (Print or Type F	Responses)										
 Name and Address of Reporting Person <u>*</u> Cronin John J. 			2. Issuer Name and Ticker or Trading Symbol Mastech Holdings, Inc. [MHH]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Chec					k all applicable)			
1000 COMN 500	MERCE DRIV	E, SUITE	(Month/D 12/05/20	-				Director X Officer (give below) CFO,		6 Owner er (specify er	
				ndment, Date Original hth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
PITTSBUR	GH, PA 15275	5						Person	fore than One Re	eporting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Securi	ities Acc	quired, Disposed of	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	any		med on Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A)		Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or	Price	(Instr. 3 and 4)			
Common Stock	12/05/2012			M	3,552	A	\$ 1.15	48,852	D		
Common Stock	12/05/2012			S	3,552	D	\$ 7.25	45,300	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)16	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 1.15	12/05/2012		М	3,552	<u>(1)</u>	10/15/2018	Common Stock	3,552

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner Officer		Other			
Cronin John J. 1000 COMMERCE DRIVE, SUITE 500 PITTSBURGH, PA 15275			CFO, Sec & Treasurer				
1000 COMMERCE DRIVE, SUITE 500			,				

Signatures

/s/ John Cronin 12/07/2012 **Signature of Date

Reporting Person Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 8,750 shares became exercisable on October 15, 2009, which was the first anniversary of the grant date, and thereafter 2,188 shares became exercisable in quarterly installments through July 15, 2012 with the remaining 2,182 shares vesting on October 15, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.