Edgar Filing: VAALCO ENERGY INC /DE/ - Form 4

VAALCO Form 4	ENERGY INC /D	E/								
February 0	1, 2005									
FOR	M 4					~			PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287	
Check t	ngor			U				Expires:	January 31,	
if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP					WNERSHIP OF	Estimated	2005 average			
Section 16. Form 4 or				SECURITIES				burden hor response	-	
Form 5 obligati may co <i>See</i> Inst 1(b).	ions Section 17	(a) of the	Public U	Jtility Ho	lding Co		nge Act of 1934, t of 1935 or Sectio 1940			
(Print or Type	e Responses)									
1. Name and Address of Reporting Person <u>*</u> NIELSEN ARNE R			2. Issuer Name and Ticker or Trading Symbol			Trading	5. Relationship of Reporting Person(s) to Issuer			
			VAALCO ENERGY INC /DE/ [EGY]				(Check all applicable)			
(Last)	· · · · · · · · · · · · · · · · · · ·			Fransaction		Director 10% Owner Officer (give title Other (specify				
4600 POS' 309	T OAK PLACE, S	SUITE	(Month/ 06/19/2	Day/Year) 2003			below)	below)	(- _F)	
				4. If Amendment, Date Original Filed(Month/Day/Year)			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
HOUSTO	N, TX 77027						Form filed by M Person	Iore than One R	eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Securities A	Acquired, Disposed of	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	Code	4. Securit onAcquired Disposed (Instr. 3,	(A) or of (D) 4 and 5) (A) or	Securities H Beneficially (Owned (Following (Reported Transaction(s) (Instr. 3 and 4)	b. Ownership Form: Direct D) or Indirect I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(D) Price				
Reminder: Re	eport on a separate line	e for each cl	lass of sec	urities bene	•	•	•	tion of a		
					inforr requi	nation con red to resp ays a curre	spond to the collec tained in this form ond unless the form ontly valid OMB con	are not n	SEC 1474 (9-02)	
	Tab					sposed of, or convertible	· Beneficially Owned securities)			
		saction Date /Day/Year)			4. Transact	5. NumberiorDerivative			7. Title and Amount o Underlying Securities	

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)			(Month/Day/Year)		(Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option	\$ 1.04	06/19/2003		А	25,000		12/19/2003	12/19/2014	Common	25,000
Option	\$ 3.85	01/12/2005		А	50,000		01/12/2005	01/12/2010	Common	50,000

Reporting Owners

Reporting Owner Name / Addr	ess	Relationships						
	Director	10% Owner	Officer	Other				
NIELSEN ARNE R 4600 POST OAK PLACE SUITE 309 HOUSTON, TX 77027	Х							
Signatures								
Arne R. Nielsen	02/01/2005							
<u>**</u> Signature of Reporting Person	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.