Edgar Filing: OPPENHEIM RICHARD J - Form 4

	M RICHARD J											
Form 4	2											
May 23, 2013 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									PPROVAL 3235-0287			
Check this box							irs per					
(Print or Type F	Responses)											
OPPENHEIM RICHARD J Syn			Symbol	2. Issuer Name and Ticker or Trading Symbol HELEN OF TROY LTD [HELE]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Middle)	3. Date of Earliest Transaction (Check					ck all applicable	c all applicable)			
1 HELEN OF TROY PLAZA 05/21/20 (Street) 4. If Ame				(Month/Day/Year) 05/21/2013					Director 10% Owner X Officer (give title Other (specify below) Controller			
			endment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 					
EL PASO, 7	ГХ 79912							Form filed by N Person	Aore than One Ro	eporting		
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Securi	ities Acc	quired, Disposed of	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Executi any	Execution Date, if any		3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A)		d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	05/21/2013			М	500	А	\$ 18.8	500	D			
Common Stock	05/21/2013			S	500	D	\$ 38	0	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 18.8	05/21/2013		М	500	<u>(1)</u>	05/15/2019	Common Stock	500	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
OPPENHEIM RICHARD J 1 HELEN OF TROY PLAZA EL PASO, TX 79912			Controller				
Signatures							
Vincent D. Carson as Attorney Oppenheim	-In-Fact f	or Richard		05/23/201			
<u>**</u> Signature of Repo	orting Person			Date			

Explanation of Responses:

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The options vest over five years in increments of 10%, 15%, 20%, 25% and 30%.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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