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APPLIANCE RECYCLING CENTERS OF AMERICA INC /MN

Form 3

August 23, 2016

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

NAD.

OMB Number: 3235-0104

Expires: January 31, 2005

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OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, response...

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Ac Person <u>*</u> MATULA			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol APPLIANCE RECYCLING CENTERS OF AMERICA INC /MN [arci]					
(Last)	(First)	(Middle)	08/19/2016	4. Relationshi Person(s) to I	nip of Reporting Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)		
175 JACKSO 102	ON AVE N	N, SUITE		(Check	all applicable)	Thed (Monthly Buy) Teat)		
MINNEAPO	(Street) OLIS, MN	NÂ 55343		X Director Officer (give title below	Othe		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - N	Non-Derivative Securities Beneficially Owned					
1.Title of Secur (Instr. 4)	ity		2. Amount o Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		ture of Indirect Beneficial ership . 5)		
Reminder: Repo		rate line for ea	ch class of securities benefic	ially S	EC 1473 (7-02	2)			
	inforn requir	nation conta ed to respo	oond to the collection of ained in this form are not nd unless the form displ MB control number.						

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security		4. Conversion or Exercise	Ownership B	6. Nature of Indirect Beneficial Ownership
	Date Exercisable	Expiration Date	(Instr. 4) Title	Price of Derivative			(Instr. 5)
				Number of	Security		

(I) (Instr. 5)

Stock Option Grant

02/19/2017 08/19/2026

Common Stock

D Â

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

MATULA TIMOTHY

175 JACKSON AVE N
SUITE 102

MINNEAPOLIS, MNÂ 55343

Signatures

Timothy Matula 08/23/2016

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock options granted upon being appointed a director.

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Remarks:

Appointed as director

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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