#### CONGDON JOHN R

Form 4 May 19, 2010

### FORM 4

# **OMB APPROVAL**

#### OMB 3235-0287

Check this box if no longer

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Number: January 31, Expires:

subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

2005 Estimated average burden hours per 0.5 response...

Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Common

Stock

01/06/2010

05/17/2010

may co See Ins 1(b).	section 17 struction			Investment Company Act of 1935 or Section  Investment Company Act of 1940	
(Print or Type	e Responses)				
1. Name and Address of Reporting Person ** CONGDON JOHN R			Symbol OLD	Suer Name and Ticker or Trading ol DOMINION FREIGHT LINE VA [ODFL]  5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)	
	(First)  DOMINION FREC., 500 OLD DOM			e of Earliest Transaction  _X_ Director10% Owner  _X_ Officer (give title Other (specify below)  7/2010  Vice Chairman of the Board	
(Street) THOMASVILLE, NC 27360				mendment, Date Original  6. Individual or Joint/Group Filing(Check  Applicable Line)  _X_ Form filed by One Reporting Person  Form filed by More than One Reporting  Person	
(City)	(State)	(Zip)	Ta	able I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Day	Date, if	3. 4. Securities Acquired (A) 5. Amount of 6. 7. Nature of Transactionor Disposed of (D) Securities Ownership Indirect Code (Instr. 3, 4 and 5) Beneficially Form: Beneficial (Instr. 8) Owned Direct (D) Ownership Following or Indirect (Instr. 4) Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)	
Common Stock	01/06/2010			G V 12,032 D \$0 0 I By Natalie N. Congdon Revocable Trust	

V 12,032 A

6,187

D

S

\$0

12,032

5,845

I

I

1

As Trustee of Natalie

N. Congdon

Irrevocable Trust

#### Edgar Filing: CONGDON JOHN R - Form 4

Common Stock					\$ 36.8039			As Trustee of Natlie N. Congdon Irrevocable Trust
Common Stock	05/17/2010	S	4,500	D	\$ 36.8157	1,232,781 (1)	I	As Trustee of John R. Congdon Revocable Trust
Common Stock						72,500	I	As Trustee of John R. Congdon 2009 GRAT
Common Stock						140,625	I	As Trustee of 1998 Earl E. Congdon Family Trust
Common Stock						547,046	I	As Trustee of the John R. Congdon 2010 GRAT

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration D	ate	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	ve`		Securities	(Instr. 5)	Bene
(,	Derivative		(	(,	Securities	S		(Instr. 3 and	` ,	Own
	Security				Acquired			(		Follo
	~				(A) or					Repo
					Disposed	I				Trans
					of (D)					(Instr
					(Instr. 3,					(Instr
					4, and 5)					
					4, and 3)					
				Code V	(A) (D)	Date	Expiration	Title Amo	ount	
						Exercisable	Date	or		
								Nun	nber	

of Shares

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
CONGDON JOHN R C/O OLD DOMINION FREIGHT LINE, INC. 500 OLD DOMINION WAY THOMASVILLE, NC 27360	X		Vice Chairman of the Board				

# **Signatures**

/s/ Joel B. McCarty, Jr., by Power of Attorney

05/18/2010

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects a transfer of 547,046 shares from the John R. Congdon Revocable Trust to the John R. Congdon 2010 GRAT on April 29, 2010. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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