Edgar Filing: Raymon Larry A - Form 4

Form 4										
March 16, 20 FORM Check thi	4 UNITED	Washington, D.C. 20549								
if no long subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	6. r Filed pur ^{ns} Section 17(1)	20(h) of the Investment Commonsy A at at 1040							Expires: January 31, 2005 Estimated average burden hours per response 0.5	
(Print or Type F	Responses)									
Raymon Larry A Symbol			issuer Name and bol IES NATION			-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
PO BOX 846 (Month/D) 03/15/20 (Street) 4. If Ameri			ate of Earliest Tr nth/Day/Year) 15/2011	ansaction			X Director Officer (give to below)	10%	Owner er (specify	
			Amendment, Da l(Month/Day/Year)	-	l		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
AMES, IA 5							Person	lore than One Re	porung	
(City)	(State)	(Zip)	Table I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Y	Code	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	03/15/2011		Р	250	А	\$ 17.66	2,460	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	of Deriv Secu Acqu (A) o Disp of (D (Inst	onNumber Expira of (Month Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,			Amount of		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
			Code V	4, an 7 (A)	ĺ.	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Raymon Larry A PO BOX 846 AMES, IA 50010	Х							
Signatures								
John P Nelson by power of attorney		03/16/2011						
**Signature of Reporting Person		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.