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CYTOKINE Form 4 July 03, 2007												
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FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287				
Check thi if no long subject to Section 1 Form 4 o Form 5 obligation	DF CHAN Section 10 Public Ut	SECURI 6(a) of the	Expires: January 31, 2005 Estimated average burden hours per response 0.5									
may cont <i>See</i> Instru 1(b).	inue.) of the Inv	•	•				-			
(Print or Type F	Responses)											
Sabry James H S			Symbol	2. Issuer Name and Ticker or Trading Symbol CYTOKINETICS INC [CYTK]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of	3. Date of Earliest Transaction (Check					k all applicable)			
(Mon				Month/Day/Year))7/02/2007				_X_ Director10% Owner _X_ Officer (give titleOther (specify below) below) Executive Chairman				
	(Street)			ndment, Dat th/Day/Year)	e Original			6. Individual or Jo Applicable Line) _X_ Form filed by 0	One Reporting Pe	rson		
SOUTH SA FRANCISC	N O, CA 94080							Person	Iore than One Re	porting		
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Acq	uired, Disposed of	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deeme Execution I any (Month/Day/Year)		on Date, if	3. Transactio Code (Instr. 8)	 4. Securities Acquired ction(A) or Disposed of (D) 3) (Instr. 3, 4 and 5) (A) 			Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	07/02/2007			M <u>(1)</u>	7,000	A	\$ 1.2	7,000	D			
Common Stock	07/02/2007			S <u>(2)</u>	6,800	D	\$ 5.7	200	D			
Common Stock	07/02/2007			S <u>(2)</u>	200	D	\$ 5.72	0	D			
Common								100.150	T	1 77 .		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Stock

by Trust

198,150

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onof De Secur Acqu (A) o Dispo (D)	rities fired or osed of :. 3, 4,	6. Date Exercisable Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)
				Code V	(A)	(D)	Date Exercisable	Expiration Date	A Title N S
Non-Qualified Stock Option (right to buy)	\$ 1.2	07/02/2007		М		7,000	07/10/2002	07/10/2012	Common Stock
Incentive Stock Option (right to buy)	\$ 0.58						09/28/1999 <u>(3)</u>	09/28/2009	Common Stock
Incentive Stock Option (right to buy)	\$ 0.58						11/14/2000(4)	11/14/2010	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2						07/10/2002(5)	07/10/2012	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2						05/21/2003 <u>(6)</u>	05/21/2013	Common Stock
Incentive Stock Option (right to buy)	\$ 6.5						04/08/2004(7)	03/08/2014	Common Stock
Incentive Stock Option (right to buy)	\$ 6.59						04/11/2005(8)	04/11/2015	Common Stock
Incentive Stock Option (right to buy)	\$ 6.81						04/01/2007 <u>(9)</u>	03/14/2017	Common Stock
Incentive Stock Option (right to buy)	\$ 7.15						03/01/2006(10)	03/01/2016	Common Stock

Non-Qualified Stock Option (right to buy)	\$ 6.5	04/08/2004(7)	03/08/2014	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.59	04/11/2005(8)	04/11/2015	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.81	04/01/2007 <u>(9)</u>	03/14/2017	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 7.15	03/01/2006(10)	03/01/2016	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships						
F	Director	10% Owner	Officer	Other			
Sabry James H 280 EAST GRAND AVENUE SOUTH SAN FRANCISCO, CA 94080	Х		Executive Chairman				
Signatures							

Signatures

James H. Sabry, M.D., 07/03/2007 Ph.D.

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The exercise reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 14, (1)2007.
- The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 14, (2)2007.
- This option is immediately exercisable upon grant and shall vest as to 15,625 shares on 05/01/99 and the balance of 46,875 divided into (3)equal monthly installments thereafter such that the option shall be 100% vested on 05/01/02.
- When the ISO and NQ dated 11/14/00 are combined for a total grant of 250,000 shares, the option is immediately exercisable upon grant (4) and shall vest as to 4,167 shares on 12/14/00 and the balance of 245,833 divided into equal monthly installments thereafter such that the option shall be 100% vested on 11/14/05.
- When the ISO and NQ dated 07/10/02 are combined for a total grant of 300,000 shares, the option is immediately exercisable upon grant and shall vest as to 5,000 shares on 04/15/02 and the balance of 295,000 divided into equal monthly installments thereafter such that the (5) option shall be 100% vested on 03/15/07.
- This option is immediately exercisable upon grant and shall vest as to 1,563 shares on 04/01/03 and the balance of 73,437 divided into (6)equal monthly installments thereafter such that the option shall be 100% vested on 03/01/07.

When the ISO and NQ dated 03/08/04 are combined for a total grant of 86,500 shares, the option shall vest and become exercisable as to 1,802 shares on 04/08/04 and the balance of 84,698 divided into equal monthly installments thereafter such that the option shall be (7) 100% vested on 03/08/08.

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(8) When the ISO and NQ dated 04/11/05 are combined for a total grant of 85,000 shares, the option shall vest and become exercisable as to 85,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2009.

When the ISO and NQ dated 03/14/2007 are combined for a total grant of 100,000 shares, the option shall vest and become exercisable
 (9) as to 2,083 shares on 04/01/07 and the balance of 97,917 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/01/11.

(10) When the ISO and NQ dated 03/01/2006 are combined for a total grant of 150,000 shares, the option shall vest and become exercisable as to 150,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.