COGGIN D GERALD

Form 4

January 03, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

Estimated average burden hours per

response... 0.5

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

1. Name and Address of Reporting Person *

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

	COGGIN D	GERALD	g i cison _	Symbol	NAL HE				Issuer	neck all applica	
(Last) (First) (Middle) 1942 DILTON-MANKIN ROAD			3. Date of Earliest Transaction (Month/Day/Year) 12/29/2004					Director 10% Owner Officer (give title Other (specify below) Sr. V.P., Corp Relations			
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
	(City)	(State)	(Zip)	Tabl	le I - Non-I	Derivative S	Securi	ities Ac	quired, Disposed	l of, or Benefic	ially Owned
	1.Title of Security (Instr. 3) Shares of Common Stock in my name and my spouse's	2. Transaction Da (Month/Day/Year) 12/29/2004	e) Execution any	ned n Date, if Day/Year)	3. Transactic Code (Instr. 8) Code V	4. Security of (A) or Dis (D) (Instr. 3, 4) Amount	sposed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	name Shares of Common Stock								7,136	I	Family Partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nur of S
Employee Stock Option-"Right to Buy"	\$ 3	12/29/2004		M	24,000	12/29/2004	10/25/2006	Common Stock	24
Employee Stock Option - "Right to Buy"	\$ 20.9					02/22/2010	03/23/2010	Common Stock	50

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
COGGIN D GERALD			Sr. V.P.,				
1942 DILTON-MANKIN ROAD			Corp				
MURFREESBORO, TN 37127			Relations				

Signatures

D. Gerald
Coggin

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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