Edgar Filing: L 3 COMMUNICATIONS HOLDINGS INC - Form 4

Form 4	UNICATIONS H	OLDING	S INC								
August 09, 2006 FORM 4 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). (Print or Type Responses)							Number: 3235-028 Number: January 31 Expires: 200 Estimated average burden hours per response 0.				
1. Name and Address of Reporting Person <u>*</u> Dambrosio Ralph			2. Issuer Name and Ticker or Trading Symbol L 3 COMMUNICATIONS HOLDINGS INC [LLL]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) C/O L-3 COMMUNICATIONS CORPORATION, 600 THIRD AVENUE			3. Date of Earliest Transaction (Month/Day/Year) 03/15/2005					Director 10% Owner X Officer (give title Other (specify below) VP Finance			
(Street) 4. If				ndment, Da th/Day/Year	-	1		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table	e I - Non-E	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executio any	med n Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	08/18/2005			М	5,000	A	\$ 29	6,068	D		
Common Stock	08/18/2005			S	5,000	D	\$ 80.06	1,068	D		
Common Stock (1)	10/10/2005			А	2,000	А	\$ 0	3,068	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S ()
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
3/15/05 Stock Option	\$ 75.23	03/15/2005		A	12,000	(2)	03/15/2015	Common Stock	12,000	
7/31/00 Stock Option	\$ 29	08/18/2005		М	5,000	(3)	07/31/2010	Common Stock	5,000	

Reporting Owners

Signatory

Reporting Owner Name / Address	Relationships				
FB	Director	10% Owner	Officer	Other	
Dambrosio Ralph C/O L-3 COMMUNICATIONS CORPORATION 600 THIRD AVENUE NEW YORK, NY 10016			VP Finance		
Signatures					
/s/ Christopher C. Cambria, Authorized	08/09	/2006			

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock which vests on October 10, 2008.
- One-third of the shares underlying this option grant became exercisable on March 15, 2006. Another one-third of these shares become (2) exercisable on each of March 15, 2007 and 2008.

Date

(3) One-third of the shares underlying this option grant became exercisable on each of July 31, 2001, 2002 and 2003.

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Remarks:

All prices and quantities have been adjusted to reflect the Company's 2-for-1 stock split on May 20, 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.