

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price Derivative Security (Instr. 5)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 8.66							(3) 04/28/2021		Common Stock	2,000
Stock Option (Right to Buy)	\$ 6.75							(3) 04/26/2022		Common Stock	2,000
Stock Option (Right to Buy)	\$ 6.4							(3) 04/25/2023		Common Stock	2,000
Stock Option (Right to Buy)	\$ 6.15							(3) 04/29/2024		Common Stock	2,000
Stock Option (Right to Buy)	\$ 4.7							(3) 04/22/2025		Common Stock	2,000

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

MCCONNELL MARC H
P. O. BOX 6219
KINSTON, NC 28501

X

Signatures

/s/ Elizabeth Dunshee as attorney-in-fact for Marc H. McConnell pursuant to power of attorney previously filed.

01/31/2017

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents 12,000 shares of restricted stock, the restrictions on which will lapse in 4,000 share increments annually beginning on January 27, 2018.
Includes (i) 6,000 shares of restricted stock, the restrictions on which will lapse in 3,000 share increments on each of 1/29/18 and 1/29/19;
(2) and (ii) 12,000 shares of restricted stock, the restrictions on which will lapse in 4,000 share increments on each of 1/27/18, 1/27/19 and 1/27/20.
- (3) Fully exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.