

RECKSON ASSOCIATES REALTY CORP
 Form 4
 December 22, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 RICH F D III

2. Issuer Name and Ticker or Trading Symbol
 RECKSON ASSOCIATES REALTY CORP [RA]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 ___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
 Exec. V.P., CAO

(Last) (First) (Middle)
 C/O RECKSON ASSOCIATES REALTY CORP, 225 BROADHOLLOW ROAD
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 12/20/2006

UNIONDALE, NY 11556
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code			4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount				
Common Stock ⁽¹⁾	12/20/2006		M		4,900	A \$ 25.6666	50,382	D	
Common Stock ⁽¹⁾	12/20/2006		S		1,100	A \$ 45.66	49,282	D	
Common Stock ⁽¹⁾	12/20/2006		S		620	A \$ 45.68	48,662	D	
Common Stock ⁽¹⁾	12/20/2006		S		400	A \$ 45.69	48,262	D	
	12/20/2006		S		800	A \$ 45.7	47,462	D	

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Common Stock <u>(1)</u>							
Common Stock <u>(1)</u>	12/20/2006	S	480	D	\$ 45.71	46,982	D
Common Stock <u>(1)</u>	12/20/2006	S	1,100	D	\$ 45.72	45,882	D
Common Stock <u>(1)</u>	12/20/2006	S	400	D	\$ 45.73	45,482	D
Common Stock <u>(1)</u>	12/20/2006	M	22,100	A	\$ 23	67,582	D
Common Stock <u>(1)</u>	12/20/2006	S	1,300	D	\$ 45.73	66,282	D
Common Stock <u>(1)</u>	12/20/2006	S	700	D	\$ 45.74	65,582	D
Common Stock <u>(1)</u>	12/20/2006	S	1,200	D	\$ 45.75	64,382	D
Common Stock <u>(1)</u>	12/20/2006	S	1,000	D	\$ 45.76	63,382	D
Common Stock <u>(1)</u>	12/20/2006	S	1,100	D	\$ 45.77	62,282	D
Common Stock <u>(1)</u>	12/20/2006	S	800	D	\$ 45.78	61,482	D
Common Stock <u>(1)</u>	12/20/2006	S	1,400	D	\$ 45.79	60,082	D
Common Stock <u>(1)</u>	12/20/2006	S	2,999	D	\$ 45.8	57,083	D
Common Stock <u>(1)</u>	12/20/2006	S	1,701	D	\$ 45.81	55,382	D
Common Stock <u>(1)</u>	12/20/2006	S	6,300	D	\$ 45.82	49,082	D
Common Stock <u>(1)</u>	12/20/2006	S	600	D	\$ 45.83	48,482	D
Common Stock <u>(1)</u>	12/20/2006	S	700	D	\$ 45.84	47,782	D
Common Stock <u>(1)</u>	12/20/2006	S	600	D	\$ 45.85	47,182	D
Common Stock <u>(1)</u>	12/20/2006	S	1,000	D	\$ 45.86	46,182	D
Common Stock <u>(1)</u>	12/20/2006	S	300	D	\$ 45.89	45,882	D
	12/20/2006	S	300	D	\$ 45.9	45,582	D

Signatures

/s/ F.D. Rich III

12/22/2006

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On December 20, 2006, the registrant exercised employee stock options for an aggregate of 27,000 shares of common stock of Reckson Associates Realty Corp., and subsequently sold such shares in the open market.
 - (2) N/A.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.