

SUNOPTA INC  
Form 4  
May 11, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
SRB BELVEDERE TRUST

(Last) (First) (Middle)

C/O CLARIDGE INC, 1170 PEEL STREET 8TH FL

(Street)

MONTREAL, A8 H3B 4P2

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
SUNOPTA INC [STKL; SOY]

3. Date of Earliest Transaction (Month/Day/Year)  
05/09/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
\_\_\_\_ Officer (give title below)  Other (specify below)

See footnote (1) below

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	05/09/2006		S	1,118 D \$ 11.07	420,714	D <sup>(1)</sup>	
Common Stock	05/09/2006		S	10,000 D \$ 11.08	421,832	D <sup>(1)</sup>	
Common Stock	05/09/2006		S	6,229 D \$ 11.09	431,832	D <sup>(1)</sup>	
Common Stock	05/09/2006		S	41,274 D \$ 11.1	438,061	D <sup>(1)</sup>	
Common Stock	05/09/2006		S	10,100 D \$ 11.12	479,335	D <sup>(1)</sup>	

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Common Stock	05/09/2006	S	11,632	D	\$ 11.13	489,435	D <sup>(1)</sup>
Common Stock	05/09/2006	S	15,262	D	\$ 11.14	501,067	D <sup>(1)</sup>
Common Stock	05/09/2006	S	39,856	D	\$ 11.15	516,329	D <sup>(1)</sup>
Common Stock	05/09/2006	S	1,700	D	\$ 11.16	556,185	D <sup>(1)</sup>
Common Stock	05/09/2006	S	3,367	D	\$ 11.17	557,885	D <sup>(1)</sup>
Common Stock	05/09/2006	S	8,100	D	\$ 11.18	561,252	D <sup>(1)</sup>
Common Stock	05/09/2006	S	3,167	D	\$ 11.19	569,352	D <sup>(1)</sup>
Common Stock	05/09/2006	S	6,050	D	\$ 11.2	572,519	D <sup>(1)</sup>
Common Stock	05/09/2006	S	2,120	D	\$ 11.22	578,569	D <sup>(1)</sup>
Common Stock	05/09/2006	S	800	D	\$ 11.23	580,689	D <sup>(1)</sup>
Common Stock	05/09/2006	S	1,000	D	\$ 11.24	581,489	D <sup>(1)</sup>
Common Stock	05/09/2006	S	5,400	D	\$ 11.28	582,489	D <sup>(1)</sup>
Common Stock	05/09/2006	S	5,125	D	\$ 11.3	587,889	D <sup>(1)</sup>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
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