Avampato John Form 4 February 12, 2019

### FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

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response...

0.5

**OMB APPROVAL** 

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * Avampato John			2. Issuer Name <b>and</b> Ticker or Trading Symbol REGAL BELOIT CORP [RBC]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	Director 10% Owner		
200 STATE STREET			02/08/2019	_X_ Officer (give title Other (specify below)		
				VP & Chief Information Officer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
				_X_ Form filed by One Reporting Person		
BELOIT, WI 53511				Form filed by More than One Reporting Person		

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(City)	(State)	(Zip) Tab	ole I - Non-	Derivativ	e Secu	rities Acqu	aired, Disposed o	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/08/2019		M	6,000	A	\$ 42.65	19,929	D	
Common Stock	02/08/2019		M	6,000	A	\$ 61.36	25,929	D	
Common Stock	02/08/2019		F	9,071	D	\$ 80.31	16,858	D	
Common Stock	02/08/2019		S	2,929	D	\$ 80.365 (1)	13,929	D	
Common Stock							1,527 (2)	I	Retirement Savings

Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	Secu Acq (A) Disp (D)	urities uired or oosed of tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am or Nur of Sha
Stock Appreciation Rights	\$ 42.65	02/08/2019		M		6,000	05/08/2011(3)	05/08/2019	Common Stock	6,0
Stock Appreciation Rights	\$ 61.36	02/08/2019		M		6,000	05/05/2012(3)	05/05/2020	Common Stock	6,0
Stock Appreciation Rights	\$ 72.29						05/04/2013(3)	05/04/2021	Common Stock	6,0
Stock Appreciation Rights	\$ 63.56						05/03/2014(3)	05/03/2022	Common Stock	6,:
Stock Appreciation Rights	\$ 64.99						05/02/2015(4)	05/02/2023	Common Stock	3,
Stock Appreciation Rights	\$ 75.76						05/07/2016(4)	05/07/2024	Common Stock	3,0
Stock Appreciation Rights	\$ 78.15						05/12/2017(4)	05/12/2025	Common Stock	4,:
Stock Appreciation	\$ 57.43						05/11/2018(4)	05/11/2026	Common Stock	6,8

Rights

Stock

Appreciation \$ 80.7 Common Stock

Rights

Stock

Appreciation \$77.6

Rights

05/09/2020<u>(5)</u> 05/09/2028 Common Stock

### **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Avampato John			VP & Chief					
200 STATE STREET			Information					
BELOIT WI 53511			Officer					

# **Signatures**

/s/ Thomas E. Valentyn, as Power of Attorney 02/12/2019

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price in Column 4 is a weighted average price. The prices actually received ranged from \$80.344 to \$80.372. The reporting person (1) has provided to the issuer, and will provide to any security holder of the issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range for all transactions reported in this Form 4 utilizing an average weighted price.
- (2) Balance reflects the most current data available with regard to holdings in the Regal Beloit Corporation Retirement Savings Plan.
  - Granted as stock-settled Stock Appreciation Rights (SARs) under the 2007 Equity Incentive Plan. The SARs vest and become exercisable
- (3) 40% on the second anniversary of the date of grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- (4) Granted as stock-settled SARs under the 2013 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary of the date of grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.
- (5) Granted as stock-settled SARs under the 2018 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary of the date of grant, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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