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DEAN FOO	DS CO											
Form 4												
July 03, 2012									OMB	APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287			
Check thi				0					Expires:	January 31,		
if no longer subject to Section 16. Form 4 or		F CHAN	GES IN I SECUR	Estimated burden he	Expires. 2009 Estimated average burden hours per response 0.9							
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 1	7(a) of the	Public Ut		ling Con	npany	y Act	ge Act of 1934 of 1935 or Secti 940				
(Print or Type F	Responses)											
			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO [DF]				ng	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				(Check all applicable)					
				(Month/Day/Year) 06/30/2012				X_ Director 10% Owner Officer (give title Other (specify below) below)				
(Street) 4. If Amer			endment, Date Original				6. Individual or Joint/Group Filing(Check					
DALLAS, T	TX 75201		Filed(Mon	th/Day/Year)			Applicable Line) _X_Form filed by Form filed by Person				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities A	cquired, Disposed	of. or Benefic	ially Owned		
1.Title of	2. Transaction D	ate 2A Dee		3.	4. Securi			5. Amount of	6. Ownership	-		
Security (Month/Day/Year) Execution (Instr. 3) any (Month/Day		on Date, if	TransactionAcquired Code Disposed (Instr. 8) (Instr. 3, 4		(A) or of (D)		Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	06/30/2012			А	1,636 (1)	А	\$0	355,685	D			
Common Stock								2,550	Ι	by Spouse. (2)		
Common Stock								2,000	I	by minor children sharing household. (2)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans
			Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
MUSE JOHN R 200 CRESCENT COURT, SUITE 1600 DALLAS, TX 75201	Х							
Signatures								
Carman M. Callahan, Attorney-In-Fact	07/03/	2012						
**Signature of Reporting Person	Date	e						
Explanation of Responses:								

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These are shares of restricted stock issued in payment of fees owed for services as an independent director. All such shares are subject to vesting in three equal increments, with the first vesting occurring as of the date the shares were issued and then annually thereafter.
- (2) The reporting person disclaims beneficial ownership of all shares not directly owned by him.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.