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Item 7.01 Regulation FD Disclosure.

First Trust Senior Floating Rate Income Fund II (the "Fund") is filing herewith a press release issued on August 11, 2016, as Exhibit 99.1. The press release was issued by First Trust Advisors L.P. to report that on August 25, 2016, the Fund will host a conference call with the Leveraged Finance Investment Team of First Trust Advisors L.P., the Fund's portfolio manager. The purpose of the call is to hear the Fund's portfolio management team provide an update for the Fund. Details regarding the conference call are contained in the press release included herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

| Exhibit Number | Description                                                       |
|----------------|-------------------------------------------------------------------|
| 99.1           | Press release of First Trust Advisors L.P. dated August 11, 2016. |

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: August 11, 2016 FIRST TRUST SENIOR FLOATING RATE INCOME FUND II

By: /s/ W. Scott Jardine

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Name: W. Scott Jardine  
Title: Secretary

EXHIBIT INDEX

| Exhibit Number | Description                                                       |
|----------------|-------------------------------------------------------------------|
| 99.1           | Press release of First Trust Advisors L.P. dated August 11, 2016. |