

REGIONS FINANCIAL CORP
 Form 4
 March 03, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Daniel John M

(Last) (First) (Middle)

P O BOX 10247

(Street)

BIRMINGHAM, AL 352020247

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

REGIONS FINANCIAL CORP [RF]

3. Date of Earliest Transaction (Month/Day/Year)

03/02/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)

Director of Human Resources

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	02/15/2006		J ⁽¹⁾	V 284.891 A \$ 0	36,611.251	D	
Common Stock	03/02/2006		X	5,227 A \$ 28.28	41,838.251	D	
Common Stock	03/02/2006		X	4,509 A \$ 28.33	46,347.251	D	
Common Stock	03/02/2006		X	1,305 A \$ 28.33	47,652.251	D	
Common Stock	03/02/2006		F	9,570 D \$ 34.575	38,082.251	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 28.28	03/02/2006		X		5,227		07/01/2004	01/18/2011	Common Stock	5,227
Stock Option	\$ 28.33	03/02/2006		X		4,509		07/01/2004	01/18/2011	Common Stock	4,509
Stock Option	\$ 34.58	03/02/2006		A		8,438		09/02/2006	01/18/2011	Common Stock	8,438
Stock Option	\$ 28.33	03/02/2006		X		1,305		07/01/2004	10/08/2012	Common Stock	1,305
Stock Option	\$ 34.58	03/02/2006		A		1,132		09/02/2006	10/08/2012	Common Stock	1,132
Phantom Stock Units (401k)	\$ 0 ⁽²⁾							⁽²⁾	⁽²⁾	Common Stock	1,040
Stock Option	\$ 32.44							07/01/2004	01/18/2011	Common Stock	2,533
Stock Option	\$ 34.39							12/20/2005	01/18/2011	Common Stock	899
Stock Option	\$ 35.09							07/05/2005	10/10/2011	Common Stock	18,177
Stock Option	\$ 33.82							12/20/2005	10/15/2011	Common Stock	50,000
Stock Option	\$ 32.44							07/01/2004	10/08/2012	Common Stock	2,231
Stock Option	\$ 35.12							07/01/2004	10/08/2012	Common Stock	7,057

Stock Option	\$ 34.39	12/20/2005	10/08/2012	Common Stock	22,95
Stock Option	\$ 34.66	(3)	12/20/2012	Common Stock	39,50
Stock Option	\$ 33.48	07/01/2004	10/14/2013	Common Stock	34,00

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Daniel John M P O BOX 10247 BIRMINGHAM, AL 352020247			Director of Human Resources	

Signatures

By: Ronald C. Jackson 03/02/2006

__Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock purchased through the dividend reinvestment program.
- (2) The reported phantom stock units were acquired under Regions' benefit plans.
- (3) The option becomes exercisable in three equal installments on December 20, 2006, 2007 and 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.