Embarq CORP Form 4 May 19, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations

may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

(Print or Type Responses)

(Last)

(Instr. 3)

1. Name and Address of Reporting Person * Cheek William E

(First)

Embarq CORP [EQ] (Middle) 3. Date of Earliest Transaction

> (Month/Day/Year) 05/17/2006

Symbol

(Street)

5454 W 110TH STREET

4. If Amendment, Date Original Filed(Month/Day/Year)

OMB APPROVAL

OMB Number:

3235-0287

Expires:

January 31, 2005

Estimated average burden hours per

response...

0.5

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner

X_ Officer (give title Other (specify below)

6. Individual or Joint/Group Filing(Check

President - Wholesale Markets

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

(City) (State) (Zip)

OVERLAND PARK, KS 66211

1.Title of 2. Transaction Date 2A. Deemed 3. Security (Month/Day/Year) Execution Date, if

(Month/Day/Year)

4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

(A)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial (I) (Instr. 4)

Ownership (Instr. 4)

Reported Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Conversion Security or Exercise

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if any

4. 5. Number Transaction of Derivative Expiration Date Securities Code

6. Date Exercisable and (Month/Day/Year)

7. Title and Amount of 8. l Underlying Securities De (Instr. 3 and 4) Sec

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquire (A) or Dispose (D) (Instr. 3 and 5)	d of					(In
				Code V		(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
NQ Stock Option (right to buy)	\$ 91.38	05/17/2006		A	2,152		<u>(1)</u>	01/03/2010	Common Stock	2,152	
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006		A	544		<u>(1)</u>	02/08/2010	Common Stock	544	
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006		A	1,272		(1)	02/08/2010	Common Stock	1,272	
NQ Stock Option (right to buy)	\$ 91.38	05/17/2006		A	1,910		<u>(1)</u>	05/11/2011	Common Stock	1,910	
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006		A	2,959		<u>(1)</u>	08/07/2010	Common Stock	2,959	
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006		A	3,520		<u>(1)</u>	05/11/2011	Common Stock	3,520	
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006		A	4,304		<u>(1)</u>	01/24/2010	Common Stock	4,304	
NQ Stock	\$ 40.76	05/17/2006		A	5,757		<u>(1)</u>	05/11/2011	Common Stock	5,757	

Option (right to buy)								
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006	A	8,609	<u>(1)</u>	01/03/2010	Common Stock	8,609
NQ Stock Option (right to buy)	\$ 26.82	05/17/2006	A	885	<u>(1)</u>	02/11/2012	Common Stock	885
NQ Stock Option (right to buy)	\$ 46.09	05/17/2006	A	2,091	<u>(1)</u>	02/11/2012	Common Stock	2,091
NQ Stock Option (right to buy)	\$ 33.08	05/17/2006	A	1,779	<u>(1)</u>	02/19/2012	Common Stock	1,779
NQ Stock Option (right to buy)	\$ 33.08	05/17/2006	A	4,735	<u>(1)</u>	02/19/2012	Common Stock	4,735
NQ Stock Option (right to buy)	\$ 16.08	05/17/2006	A	1,244	<u>(2)</u>	03/27/2013	Common Stock	1,244
NQ Stock Option (right to buy)	\$ 21.9	05/17/2006	A	2,488	(2)	03/27/2013	Common Stock	2,488
NQ Stock Option (right to buy)	\$ 33.86	05/17/2006	A	1,271	(3)	02/10/2014	Common Stock	1,271
NQ Stock Option	\$ 33.34	05/17/2006	A	2,542	(3)	02/10/2014	Common Stock	2,542

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(right to buy)

NQ Stock

Option \$ 45.2 05/17/2006 A 3,390 (4) 02/08/2015 Common Stock (19th to

buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Cheek William E 5454 W 110TH STREET OVERLAND PARK, KS 66211

President - Wholesale Markets

Signatures

Tracy D. Mackey, attorney-in-fact 05/19/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Option is fully vested and exercisable immediately.
- (2) Option will be fully vested on 03/27/07.
- (3) Option vests in 4 equal annual installments beginning 02/10/05.
- (4) Option vests in 4 equal annual installments beginning 02/08/06.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 4