

DEAN FOODS CO  
Form 4  
January 05, 2009

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
MUSE JOHN R

(Last) (First) (Middle)

200 CRESCENT COURT, SUITE 1600

(Street)

DALLAS, TX 75201

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
DEAN FOODS CO [DF]

3. Date of Earliest Transaction (Month/Day/Year)  
12/31/2008

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	12/31/2008		A	(A) 2,075 (1)	\$ 0 301,527	D	
Common Stock					2,550	I	by Spouse (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of S
Non-Qualified Stock Option (right to buy-SI001314)	\$ 8.0206					06/30/1999 <sup>(3)</sup> 06/30/2009	Common Stock 22,
Non-Qualified Stock Option (right to buy-DV002932)	\$ 8.0206					06/30/1999 <sup>(3)</sup> 06/30/2009	Common Stock 10,
Non-Qualified Stock Option (right to buy-T0000634)	\$ 8.0206					06/30/1999 <sup>(3)</sup> 06/30/2009	Common Stock 4,
Non-Qualified Stock Option (right to buy-DV002937)	\$ 8.0206					06/30/1999 <sup>(3)</sup> 06/30/2009	Common Stock 1,
Non-Qualified Stock Option (right to buy-SI001803)	\$ 9.3614					06/30/2000 <sup>(3)</sup> 06/30/2010	Common Stock 22,
Non-Qualified Stock Option (right to buy-DV002942)	\$ 9.3614					06/30/2000 <sup>(3)</sup> 06/30/2010	Common Stock 10,
Non-Qualified Stock Option (right to buy-T0000639)	\$ 9.3614					06/30/2000 <sup>(3)</sup> 06/30/2010	Common Stock 4,
Non-Qualified Stock Option (right to	\$ 9.3614					06/30/2000 <sup>(3)</sup> 06/30/2010	Common Stock 1,

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buy-DV002938)						
Non-Qualified Stock Option (right to buy-SF002505)	\$ 10.1707		06/29/2001 <sup>(3)</sup>	06/29/2011	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002944)	\$ 10.1707		06/29/2001 <sup>(3)</sup>	06/29/2011	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000645)	\$ 10.1707		06/27/2005 <sup>(3)</sup>	06/29/2011	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002939)	\$ 10.1707		06/29/2001 <sup>(3)</sup>	06/29/2011	Common Stock	1,
Non-Qualified Stock Option (right to buy-DF002170)	\$ 14.2351		07/01/2002 <sup>(3)</sup>	07/01/2012	Common Stock	22,
Non-Qualified Stock Option (right to buy-DV002945)	\$ 14.2351		07/01/2002 <sup>(3)</sup>	07/01/2012	Common Stock	10,
Non-Qualified Stock Option (right to buy-T0000654)	\$ 14.2351		07/01/2002 <sup>(3)</sup>	07/01/2012	Common Stock	4,
Non-Qualified Stock Option (right to buy-DV002940)	\$ 14.2351		07/01/2002 <sup>(3)</sup>	07/01/2012	Common Stock	1,
Non-Qualified Stock Option (right to buy-DF002880)	\$ 18.1003		06/30/2003 <sup>(3)</sup>	06/30/2013	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002946)	\$ 18.1003		06/30/2003 <sup>(3)</sup>	06/30/2013	Common Stock	3,
Non-Qualified Stock Option (right to buy-T0000784)	\$ 18.1003		06/30/2003 <sup>(3)</sup>	06/30/2013	Common Stock	1,

Non-Qualified Stock Option (right to buy-DV002934)	\$ 18.1003	06/30/2003 <sup>(3)</sup>	06/30/2013	Common Stock	6
Non-Qualified Stock Option (right to buy-DF003669)	\$ 21.4389	06/30/2004 <sup>(3)</sup>	06/30/2014	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002943)	\$ 21.4389	06/30/2004 <sup>(3)</sup>	06/30/2014	Common Stock	3,
Non-Qualified Stock Option (right to buy-T0000794)	\$ 21.4389	06/30/2004 <sup>(3)</sup>	06/30/2014	Common Stock	1,
Non-Qualified Stock Option (right to buy-DV002935)	\$ 21.4389	06/30/2004 <sup>(3)</sup>	06/30/2014	Common Stock	6
Non-Qualified Stock Option (right to buy-DF905923)	\$ 23.9808	06/30/2005 <sup>(3)</sup>	06/30/2015	Common Stock	7,
Non-Qualified Stock Option (right to buy-DV002941)	\$ 23.9808	06/30/2005 <sup>(3)</sup>	06/30/2014	Common Stock	3,

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MUSE JOHN R 200 CRESCENT COURT, SUITE 1600 DALLAS, TX 75201	X			

## Signatures

Angela B. Miro,  
Attorney-In-Fact

01/05/2009

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These are restricted shares issued under the Issuer's 2007 Stock Incentive Plan in payment of fees owed for services as an independent director. All such shares are subject to vesting in three equal increments, with the first vesting occurring as of the date the shares were issued and then annually thereafter.

(2) Mr. Muse disclaims beneficial ownership of all shares not directly owned by him.

(3) The options were automatically granted under the Issuer's 1997 Amended and Restated Stock Option and Restricted Stock Plan, and are fully vested and immediately exercisable upon grant.

### Remarks:

FIRST OF TWO (2) FORM 4s FILED ON SAME DATE.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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