Gomez Fabian Form 4 February 26, 2019

FORM 4

Check this box

if no longer

Section 16.

Form 4 or

subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** Gomez Fabian				2. Issue Symbol	er Name aı	nd Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer				
			WEST INC [V		HOLDINGS GROUP	(Check all applicable)					
	(Last) (First) (Middle)		3. Date of	of Earliest	Transaction	Director	10%				
200 CRESCENT COURT, SUITE 1200			(Month/I 02/22/2	Day/Year) 2019		X Officer (give title Other (specify below) Chief Operating Officer					
		(Street)		4. If Am	endment, I	Date Original	6. Individual or J	oint/Group Fili	ng(Check		
(Street)			Filed(Mo	onth/Day/Ye	ar)	Applicable Line)	One Reporting Po	ercon			
DALLAS, TX 75201					_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
	(City)	(State)	(Zip)	Tab	le I - Non	-Derivative Securities Acq	uired, Disposed o	of, or Beneficia	lly Owned		
	1.Title of	2. Transaction D	Date 2A. Dee	med	3.	4. Securities Acquired	5. Amount of	6. Ownership	7. Nature o		
	Security	(Month/Day/Ye	ar) Execution	on Date, if	Transact	ion(A) or Disposed of (D)	Securities	Form: Direct	Indirect		

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 02/22/2019	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securion(A) or D (Instr. 3, Amount 1,366	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
common stock	02/22/2019		A	5,121	A	\$ 0	20,817	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> 10% Owner Officer Other Director

> > **Chief Operating Officer**

Gomez Fabian

200 CRESCENT COURT

SUITE 1200

DALLAS, TX 75201

Signatures

Julie K. Gerron as 02/26/2019 attorney-in-fact

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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