

DEAN FOODS CO/
Form 4
December 02, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
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2005
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(Print or Type Responses)

1. Name and Address of Reporting Person *
FROMBERG BARRY A

(Last) (First) (Middle)

**2515 MCKINNEY AVENUE, LB
30, SUITE 1200**

(Street)

DALLAS, TX 75201

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol

DEAN FOODS CO/ [DF]

3. Date of Earliest Transaction
(Month/Day/Year)

12/01/2005

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
X Officer (give title below) ____ Other (specify
below)

Executive Vice President

6. Individual or Joint/Group Filing(Check
Applicable Line)
X Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	12/01/2005		M	13,820 A \$ 0	46,908.001	D	
Common Stock	12/01/2005		M	15,180 A \$ 0	62,088.001	D	
Common Stock	12/01/2005 ⁽¹⁾		S	4,000 D \$ 38.9	58,088.001	D	
Common Stock	12/01/2005 ⁽¹⁾		S	4,000 D \$ 38.95	54,088.001	D	
Common Stock	12/01/2005 ⁽¹⁾		S	5,000 D \$ 39	49,088.001	D	

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Common Stock	12/01/2005 ⁽¹⁾	S	6,000	D	\$ 39.05	43,088.001	D
Common Stock	12/01/2005 ⁽¹⁾	S	5,000	D	\$ 39.1	38,088.001	D
Common Stock	12/01/2005 ⁽¹⁾	S	5,000	D	\$ 39.15	33,088.001	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Deferred Stock Units (DU000093) ⁽²⁾	\$ 0					01/13/2005 01/13/2014	Common Stock 12
Deferred Stock Units (TU905827) ⁽²⁾	\$ 0					01/13/2005 01/13/2014	Common Stock 2,
Restricted Stock Units (DF902033) ⁽²⁾	\$ 0					01/07/2006 01/07/2015	Common Stock 20
Restricted Stock Units (TU905726) ⁽²⁾	\$ 0					01/07/2006 01/07/2015	Common Stock 3,
Incentive Stock Option (right to buy - DF002195) ⁽³⁾	\$ 20.9355					01/06/2004 01/06/2013	Common Stock 4,
Incentive Stock Option (right to buy -	\$ 20.9355					01/06/2004 01/06/2013	Common Stock 7

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T0001047) ⁽³⁾												
Incentive Stock Option (right to buy - DF003306) ⁽³⁾	\$ 26.3199					01/13/2005	01/13/2014	Common Stock	1,			
Incentive Stock Option (right to buy - T0001768) ⁽³⁾	\$ 26.3199					01/13/2005	01/13/2014	Common Stock	1			
Incentive Stock Option (right to buy - DF902167) ⁽³⁾	\$ 26.8941					01/07/2006	01/07/2015	Common Stock	5,			
Incentive Stock Option (right to buy - T0001365) ⁽³⁾	\$ 26.8941					01/07/2006	01/07/2015	Common Stock	6			
Non-Qualified Stock Option (right to buy - T0000579) ⁽³⁾	\$ 13.7918					07/31/1999	07/31/2008	Common Stock	3,			
Non-Qualified Stock Option (right to buy - T0000608) ⁽³⁾	\$ 13.7918					07/31/1999	07/31/2008	Common Stock	11			
Non-Qualified Stock Option (right to buy - T0000499) ⁽³⁾	\$ 12.1383					01/22/2002	01/22/2011	Common Stock	.			
Non-Qualified Stock Option (right to buy - T0003349) ⁽³⁾	\$ 12.1383					01/22/2002	01/22/2011	Common Stock				
Non-Qualified Stock Option (right to buy - DF001523) ⁽³⁾	\$ 17.1835	12/01/2005		M	15,180	01/14/2003	01/14/2012	Common Stock	15			
Non-Qualified Stock Option (right to buy - T0000623) ⁽³⁾	\$ 17.1835					01/14/2003	01/14/2012	Common Stock	15			
Non-Qualified Stock Option (right to buy - DF001332) ⁽³⁾	\$ 17.1835					01/14/2003	01/14/2012	Common Stock	75			

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Non-Qualified Stock Option (right to buy - T0000613) ⁽³⁾	\$ 17.1835	12/01/2005	M	13,820	01/14/2003	01/14/2012	Common Stock	13
Non-Qualified Stock Option (right to buy - DF002196) ⁽³⁾	\$ 20.9355				01/06/2004	01/06/2013	Common Stock	27
Non-Qualified Stock Option (right to buy - T0000609) ⁽³⁾	\$ 20.9355				01/06/2004	01/06/2013	Common Stock	16
Non-Qualified Stock Option (right to buy - DF003307) ⁽³⁾	\$ 26.3199				01/13/2005	01/13/2014	Common Stock	46
Non-Qualified Stock Option (right to buy - TU000197) ⁽³⁾	\$ 26.3199				01/13/2005	01/13/2014	Common Stock	2,
Non-Qualified Stock Option (right to buy - T0000695) ⁽³⁾	\$ 26.3199				01/13/2005	01/13/2014	Common Stock	8,
Non-Qualified Stock Option (right to buy - TU000198) ⁽³⁾	\$ 26.3199				01/13/2005	01/13/2014	Common Stock	3
Non-Qualified Stock Option (right to buy - DF902168) ⁽³⁾	\$ 26.8941				01/07/2006	01/07/2015	Common Stock	50
Non-Qualified Stock Option (right to buy - T0000699) ⁽³⁾	\$ 26.8941				01/07/2006	01/07/2015	Common Stock	9,
Non-Qualified Stock Option (right to buy - TU000199) ⁽³⁾	\$ 26.8941				01/07/2006	01/07/2015	Common Stock	3

Reporting Owners

Reporting Owner Name / Address

Relationships

Director

10% Owner

Officer

Other

FROMBERG BARRY A
2515 MCKINNEY AVENUE, LB 30, SUITE 1200
DALLAS, TX 75201

Executive
Vice
President

Signatures

Barry A.
Fromberg 12/02/2005

 Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Sales are pursuant to a 10b5-1 Sales Plan dated November 7, 2005, between reporting person and Bear Stearns & Co., Inc., acting as
(1) agent, to permit the orderly disposition of a portion of the reporting person's holdings of the Issuer's common stock, par value \$01 per share.

A Stock Unit, which is issued under the Company's 1989 Stock Awards Plan, is a right to receive one share of Common Stock of the
(2) Issuer in the future, subject to the terms and conditions of the award agreement. The units vest annually, on a prorata basis, over a five-year period beginning on the first anniversary date of grant, subject to certain accelerated vesting provisions.

(3) The shares of common stock subject to the Option vest ratably in three equal increments commencing on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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