

GILLETT NANCY
Form 4
November 04, 2004

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
GILLETT NANCY

2. Issuer Name and Ticker or Trading Symbol
CHARLES RIVER LABORATORIES INTERNATIONAL INC [CRL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director
 Officer (give title below) _____ Other (specify below)
Vice President

(Last) (First) (Middle)
251 BALLARDVALE STREET
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
11/02/2004

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

WILMINGTON, MA 01887

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	11/02/2004		M	2,800 A \$ 31.97	8,200	D	
Common Stock	11/02/2004		M	2,938 A \$ 32.15	11,138	D	
Common Stock	11/02/2004		M	1,395 A \$ 32.15	12,533	D	
Common Stock	11/02/2004		M	6,033 A \$ 32.87	18,566	D	
Common Stock	11/02/2004		S	2,938 D \$ 46.41	15,628	D	

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Common Stock	11/02/2004	S	1,395	D	\$ 46.41	14,233	D
Common Stock	11/02/2004	S	2,800	D	\$ 46.41	11,433	D
Common Stock	11/04/2004	S	6,033	D	\$ 46.41	5,400	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Stock Options (Right to buy)	\$ 43.07					02/13/2005 02/13/2014	Common Stock	17,400
Stock Options (Right to buy)	\$ 31.97	11/02/2004		M	2,800	08/01/2002 08/01/2011	Common Stock	2,800
Stock Options (Right to buy)	\$ 32.15	11/02/2004		M	2,938	07/15/2003 07/15/2012	Common Stock	2,938
Stock Options (Right to buy)	\$ 32.15	11/02/2004		M	1,395	07/15/2003 07/15/2012	Common Stock	1,395
Stock Options (Right to buy)	\$ 32.87	11/02/2004		M	6,033	07/23/2004 07/23/2013	Common Stock	6,033

buy)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
GILLETT NANCY 251 BALLARDVALE STREET WILMINGTON, MA 01887			Vice President	

Signatures

Dennis R.
Shaughnessy 11/04/2004

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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