

LAROCHE RICHARD F JR  
Form 4  
May 14, 2010

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
LAROCHE RICHARD F JR

2. Issuer Name and Ticker or Trading Symbol  
NATIONAL HEALTHCARE CORP  
[NHC]

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)

(Last) (First) (Middle)  
2103 SHANNON DRIVE  
  
(Street)

3. Date of Earliest Transaction  
(Month/Day/Year)  
05/14/2010

Director  10% Owner  
 Officer (give title below)  Other (specify below)

MURFREESBORO, TN 37129  
  
(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock, held in trust, subject to life estate				(A) or (D)	29,523	I	Remainder in GRAT
Common Stock - IRA				(A) or (D)	1,038	D	
Common Stock - Held in my name or my wife's name				(A) or (D)	37,000	D	
				(A) or (D)	255,152	D	

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Common Stock - Partnership									
Common Stock - Family Partnership						23,638	I		Family Partnership
Common Stock - Family Foundation						8,635	I		Trustee of Family Foundation
Shares of Series A Conv. Preferred Stock by Trustee of GRAT						31,523	I		Remain. in GRAT
Shares of Series A Conv. Preferred Stock - IRA						1,921	D		
Shares of Series A Conv. Preferred Stock - LaRoche Family LP	05/14/2010	P	40,000	A	\$ 12.5	52,113	I		Family Partnership
Shares of Series A Conv. Preferred Stock-LaRoche Enterprises	05/14/2010	P	48,000	A	\$ 12.5	378,202	D		
Shares of Series A Conv. Preferred Stock-Family Foundation						10,480	I		Trustee of Family Foundation
Shares of Series A Conv. Preferred Stock - Bushy Forest LP	05/14/2010	P	49,921	A	\$ 12.5	49,921	I		Family Partnership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)



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